

Lewis & Clark College

Tennis Coach Development Workshop

Saturday, January 30, 2010



Conducted by Gundars Tilmanis (Til)
 Clinician for the USTA, ITF, PTR and USPTA P1 Certified Professional
 Head Men's and Women's Tennis Coach, Lewis & Clark College, Portland, Oregon

NOTE: PTR members will receive MAP points for completing the workshop. USPTA Certified Members will receive 3 credits for completing the workshop.

Overview

The presentations and materials presented in this packed full day workshop are ideal for High School, Club and College tennis coaches as well as for parents who work with their children.

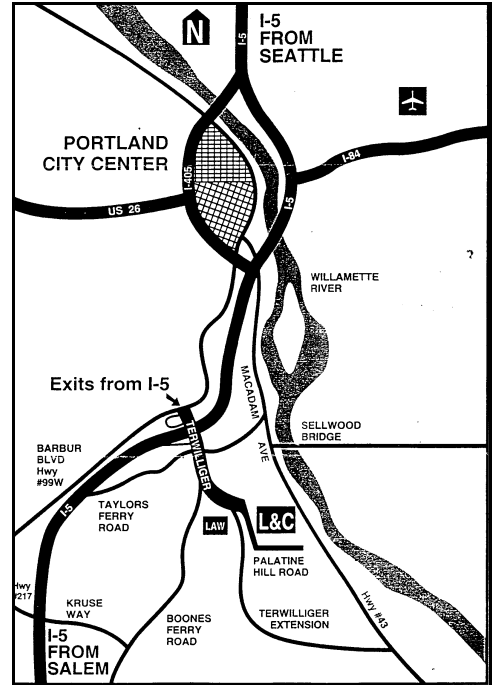
Guest Speakers

Gundars Tilmanis: Internationally recognized tennis coach, lecturer and author. Master's Degree in PE from U of O. One of the top teaching clinicians and lecturers in the world. Author of 3 books, including *Advanced Tennis for Coaches, Teachers and Players, Group Drills and Prepare to Win.*

Mike Devenney: Girl's Varsity Tennis Coach at LaSalle High. 4-time Oregon High School Coach of the Year. American Red Cross First Responder Instructor.

Rich Taylor: Boy's and Girl's Varsity Tennis Coach at Forest Grove High. Coaching tennis since 1973. 5-time Coach of the Year. USTA National High School Coach of the Year (Starfish) for 2008.

Kurt Lindner: Boy's Varsity Tennis Coach at Aloha High. PE Specialist. Metro League coach of the year 5 times.



Details

When: Saturday, January 30, 2010
 9 am to 5 pm (lunch included) (See reverse for full schedule)

Where: Lewis and Clark College
 Tennis Dome (opening session) and
 Pamplin Lecture Theatre
 0615 SW Palatine Hill Road
 Portland OR 97219 (see map to the right)

Cost: \$85 per person (includes Drills Manual)
 \$70 per person (if you already have the Drills Manual)

Host Hotel: The Courtyard Marriot, 15686 SW Sequoia, Tigard, OR, 97224.
 Call 503-984-7900 and mention Lewis and Clark Tennis Workshop for special discounted pricing.

A Manual of Group Drills for Competitive Players

This outstanding tennis drill book was written and produced by Til for Tennis Australia. Both the USPTA and PTR sell this manual through their organizations. The International Tennis Federation (ITF) adopted the manual to use worldwide in their level 1 and 2 coaching courses.

If you cannot attend, consider sending an assistant or ordering the Drills Manual (\$30).

Detach the form below and mail with your payment.

Name _____ School or Club and/or USPTA / PTR Mbr # _____

Address _____

Phone and Email _____

- \$85 I plan to attend and will need a copy of the Drills Manual.
- \$70 I plan to attend and already have a copy of the Drills Manual.
- \$30 Please send me _____ additional cop(ies) of the Drills Manual.

Make check payable to: Lewis and Clark Tennis
Mail to: Gundars Tilmanis, 1246 NW 122nd, Portland, OR 97229
Questions: Gundars Tilmanis, 503-593-5046, tilmanis@lclark.edu

Tennis Coach Development Workshop Schedule

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Time	Location	Activity	Speaker
9 am	Tennis Dome	<p>**Demonstration of drills and games that involve many players on one court...with maximum participation.</p> <p>**How one coach can manage 3 - 6 courts with innovative semi-supervised drills and games.</p> <p>**Ranking your players - a special emphasis on how these drills can help a coach rank players by ability.</p>	Gundars Tilmanis
10:30 am	Tennis Dome	<p>**Teaching singles and doubles strategies</p> <p>**One coach preparing 4 - 6 players for competition</p>	Gundars Tilmanis
Noon	Tennis Dome	<p>**Serving and returning serve for singles and doubles play.</p> <p>**Techniques and strategies.</p>	Rich Taylor Kurt Lindner
1 pm	Pamplin Lecture Theatre, Room 10	<p>Lunch (provided for all)</p> <p>Short Presentations</p> <ol style="list-style-type: none"> USTA PNW, Blair Thompson, Community Marketing Manager <ul style="list-style-type: none"> **How to keep your players playing in the off season **USTA programs that benefit players and coaches **Free gifts for our coaching partners who help grow tennis OSAA Tournament Proposal, Rich Taylor and Kurt Linder Players Racquet Shop, Brian Shrock 	
2 pm	Pamplin Lecture Theatre, Room 10	<p>The Wizard of Oz: The Best Tennis Movie Ever</p> <p>**Combining mental and physical preparation with a positive attitude on the court</p>	Mike Devenney
3 pm	Pamplin Lecture Theatre, Room 10	<p>**Things your students should hear, understand and be able to do, to accelerate their improvement.</p> <p>**A blend of strokes and strategies.</p>	Gundars Tilmanis
4:15 pm	Tennis Dome	<p>Q&A</p> <p>**Answering the most commonly asked tennis questions</p> <p>**Problem solving</p>	Gundars Tilmanis Guest Speakers